Interacting with Instructors and Classes

# Where Are You Now?

Assess your present knowledge and attitudes.

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Often** | **Sometimes** | **Almost never** |
| 1. I talk with my college instructors outside of class. |  |  |  |
| 2. I participate in class discussions, ask questions in class, and volunteer to answer questions posed by my instructors. |  |  |  |
| 3. I go to all my classes except when prevented by illness or an emergency. |  |  |  |
| 4. I prepare for classes and make an active effort to pay attention and get the most from class lectures. |  |  |  |
| 5. In lecture classes, I read other materials, check for phone messages or e-mail, and talk with friends. |  |  |  |
| 6. I don’t sign up for classes when I hear other students say the instructor is boring or difficult. |  |  |  |
| 7. I talk to my instructors in their offices only if I have a problem with a specific assignment. |  |  |  |
| 8. I write effective, professional e-mails to my instructors when appropriate. |  |  |  |
| 9. I am comfortable giving presentations in class and know how to prepare successfully. |  |  |  |
| 10. When assigned to work with a group to give a presentation, I take the lead and help ensure everyone works together well in his or her specific roles. |  |  |  |

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# Where Do You Want to Go?

Think about how you answered the questions above. Be honest with yourself. On a scale of 1 to 10, how would you rate your interactions with your instructors and other students at this time?

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| --- | --- |
| **Not very effective** | **Very successful** |
| 1 |   | 2 |   | 3 |   | 4 |   | 5 |   | 6 |   | 7 |   | 8 |   | 9 |   | 10 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

In the following list, circle the three most important areas in which you think you can improve:

* Attending classes
* Networking and studying with other students
* Going to classes fully prepared
* Interacting with instructors through e-mail and telephone calls
* Paying attention in lecture classes
* Resolving a problem with an instructor
* Asking questions in class
* Interacting with the instructor and students in an online course
* Answering questions in class
* Giving presentations in front of the class
* Participating in class discussions
* Creating and using visual aids in a presentation
* Speaking with instructors outside of class
* Working with a student group to give a presentation

Are there other areas also in which you can improve how you interact with instructors and other students to get the most out of your college education? **Write down other things you feel you need to work on.**

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